

How to use MMS (CDS) to cure Herpes

14 Nov 2015 21:28 [#50476](#) by [ix](#)

<https://g2cforum.org/index.php/list/welcome/411-how-to-use-mms-to-cure-herpes?start=18>

Hi Chibi.

A most fascinating testimonial for Herpes came in a few days ago from someone claiming he suffered Herpes hell for 47 years and that he cured his Herpes with MMS in combination hot/cold "shock"-showers of the lower spine, meaning showering his lower spine with very hot and then very cold water to shock the virus out of its hiding, for then to immediately attack it with MMS.

His testimonial from mmstestimonials.is/all-mms-testimonials is the most recently added, and is also somewhere in the mmstestimonials.is/herpes category (recent first does not seem to be working properly at this time)

The Herpes testimonial written by Ancient_Rider reads:



Genital herpes cured after 47 years of hell.

I have lived with this devastating and painfully horrendous virus for 47 years. After treatments with high strength CDS covering a period not exceeding 3 months overall, my genital herpes (HSV2) is completely cured.

It is now over 18 months since my treatment and not a sign of the HSV2 virus have I seen in that time. Previous attacks came every 2 months as regular as clockwork.

My story of how I succeeded with this cure was far too long for a testimonial, so in the interests of providing some really helpful feedback, and for those who would like to know the full story, it is 5 pages, I have presented a document which can be viewed at the following link.

onedrive.live.com/redir?resid=A42116E0DFC3B851!158&authkey=!ANYDROSXmeWZNuk&ithint=file%2cdocx

The writing from the .doc document at the onedrive.live.com link, exactly as written:

My Story of CDS and the ultimate final demise and destruction of the Genital Herpes Virus (HSV2)

A long story by "Ancient_Rider"

For those of you who know nothing about MMS your starting point should be the book by Jim Humble titled "The Master Mineral Solution of the Third Millennium". My document is based on the fact you already have a good grounding in MMS.

I contemplated considerably about making a long story of this, but given that many testimonials are rather short, one extra-long story should not hurt. I believe that some aspects of my story may just encourage someone, also in such a predicament, to have faith in the MMS (CDS). I wanted to show others that no matter how difficult their situation, or what turmoil herpes puts you through, this treatment works.

The Road to genital herpes.

I am now, in 2015, in my 70th year of age. At the ripe old age of 25, in 1969, a one night stand while I was backpacking through South America, saddled me with genital herpes. My first attack was devastatingly severe and painful, and being traveling and on the road at the time, made it more difficult. After that first fateful attack I never had another for 6 months, this time while I was on the road backpacking through Africa, but two months after that, when I returned to Australia the attacks started coming every two weeks.

At that time (1971) doctors in Australia knew nothing about it. After being fed every antibiotic in existence for several months on end, I was eventually sent to a specialist with gave me my life sentence news, and told me there is nothing more they can do for me. At 27 years of age I was totally devastated. This started a cycle of total depression from which I didn't emerge for many years.

The Bad Effects of the virus.

Genital herpes can effect different people in different ways, for myself that was in the most triple severe category. There are those who probably think that this affliction is nothing more than a few inconvenient blisters. Well, unless you have been saddled with this debilitating problem you really have no idea. As for my attacks, they consisted of severe and agonising pain and swelling in the prostate, bladder and rectum, also affected was the skin with the nervous system surrounding the pubic region and thighs, becoming agonising to touch, and quite often attacking the sciatic nerve down the right leg, so one limped around for a week or more unable to walk properly.

The severe itching followed the initial pain 24 hours later, affecting an area about 150mm radius of the pubic region, an itch which is impossible to describe, and for which nothing provided relief. And last of all followed by the inevitable 10mm to 15mm circle of painful blisters, which usually appeared on either the penis, scrotum or in the pubic hairs. The blisters of course, if you did not take care of them, infection would follow, and the lymphatic system in the groin, would become swollen and painful. And all of this would be coupled with severe depression which triggered every time an attack came. All in all a great package. At times, not many, three or four that I can remember, the attacks would lock themselves into the pain syndrome without ever leading to blisters or finality of an attack. The longest period I remember this happening was some 9 months in length and the pain never subsided until another major attack decided to eventuate and put things back to the normal horrid cycle.

In my first two years back home after traveling, herpes, attacks came every 2 weeks, no doubt triggered by the severe depression/stress cycle this whole scenario had me locked into. A nightmare, ten days to get over one attack, four days of peace and the next would start. After that two year period I tried very hard to come to grips with my allotted course in life, and the attacks leveled out at every two months, as regular as clockwork, and for the next 29 years maintained that two month pace with the severity, listed above, never lessening over all that time.

My herpes caused cancer.

Then when I was 58, I was diagnosed with cancer of the rectum. Now as the rectum was one of the most severely affected areas with each attack, it was always my considered opinion that the cancer was caused by the herpes virus and blisters in the rectum that did not heal. Not too difficult to come to that conclusion given the severity of the herpes attacks on the rectum.

The inevitable and barbaric chemotherapy and radiation treatment, and I got through the cancer, and from that time, after cancer treatment, I went on to suppression treatment with aciclovir, three per day, to make sure the attacks did not come again. My thinking being, that if I could stop the attacks then the risks of cancer returning would be minimised. Mind you at 58 that was the first time I ever heard of aciclovir. Given the fact that I was run a merry dance for five years when I was a young man, by doctors, who of course told me it was incurable, but always promised me hope, I never discussed herpes with any of them ever again, until cancer diagnosis, when they told me that herpes can kill you when the immune system is killed off by chemotherapy. After that comment, the decision to go on aciclovir at that stage was pretty easy.

Bad generic drugs.

I was on aciclovir, three per day for ten years with no attacks. Then I changed to a generic brand of aciclovir. After about a month on that brand, the herpes virus found a way to start attacking again. I had it on good authority after that, the generic brands are poor quality and not very good. They are usually made cheaply in Asian countries, and should be avoided. In short the generic did not work properly and allowed the virus to evaluate a way through the suppression. Even though I went back on to Zovirax (the original and the best), the attacks, although very minor, would come regularly. The new attacks were rather painful, could last for two weeks or sometimes only for twenty-four hours, but never created the itching or blisters of the original attacks, and eventually went away. Remember I was still on three per day Zovirax. These attacks mainly affected the bladder and the prostate.

The Road to MMS (CDS).

I first heard of MMS in 2007 but it was not until about 2013 that I started realizing that some people were having success with the eradication of genital herpes, as I was alerted by emails from Genesis2Church. I started following MMS much more closely at that point.

My wife on the other hand, about this time was told to have root canal treatment for a tooth infection. As root canal is a fate worse than death, and the only other option is to remove the tooth, she decided to try the MMS. After six weeks of that treatment the tooth problem was solved. She returned to the dentist who could no longer find a problem with the tooth. (She used the original MMS as detailed in Jim Humble's book.)

So at last we had our own positive proof that MMS can solve major infection problems. But would it work on a virus, and one that was as dastardly and clever at hiding in the cells as was genital herpes, that was the big question?

My first treatment.

With my renewed minor virus attacks continuing, and the aciclovir not managing to prevent them, I decided it was time to do a course of MMS. Living in a remote country location and working outside and away from my house mostly every day, I was reluctant to get involved with the MMS mixing

scenario. I also didn't like the idea of getting any type of stomach problem while I needed my health to keep working, so I decided that CDS was my best option. I purchased some concentrated CDS, 24000PPM from a Genesis2Church recommended source in Australia, and commenced to take the drops at a dosage rate of one drop CDS per one drop of the original MMS directions. At that point I stopped taking the aciclovir, totally removing any protection that they still provided. I quickly pushed up to 8 drops per hour and continued that dosage for ten hours per day for ten weeks.

The herpes virus reacted rather badly to the daily CDS giving me medium pain attacks occasionally, but never arriving at the itching or blisters. Most attacks lasted about 24 hours and they were gone. After the 10 weeks I stopped the CDS and waited to see what happened. After several weeks, some minor attacks appeared once again to my disappointment. After a few of these I figured I need to do something else. I was not prepared to give up, I wanted this virus gone.

My second treatment.

About this time I was advised of an alternate method of taking the CDS. Approved or not I don't know, and I don't really care, I was ready for something new. The instructions were to take the course with as many drops as you can stand, over a two hour period instead of the ten hours like I did in the first ten week treatment. The instructions were to take the drops every fifteen minutes for two hours. Two hours sounded good to me as I was always back in the house in later afternoons, so I made my two hours from 2:00pm to 4:00pm. I thought this a good time relative to the fact that lunch was over and the body would not be craving food and would be in a better position to fully absorb the CDS and move that quickly into the bloodstream. I quickly got my drops up to six per fifteen minute period, but with the fifteen minute time frame could not get them higher. I did this for three full weeks. I did find the fifteen minute time interval somewhat difficult, you felt rather bloated with fluid, and the taste of the drops started to become annoying. (Please note not as annoying as the original MMS.) I did however find that the drops were more palatable if I took them in cold water from the fridge. You were always glad when 4:00pm arrived but it took a long time coming, but a nice cold beer about an hour and a half later washed the events from my mind.

On reflection after my first ten week CDS treatment, I now believe the perceived attacks after that first course of CDS were simply harmonic reflections of the original herpes virus winding its way out of the energy spectrum. Perhaps I did not need the second course, who knows, but as the virus is completely gone I'm not sorry I tackled that second course, better to be sure. It may have completely faded away without the second course but my theory at that time was that it was still in my system.

Alternate applications.

During the first ten week course I added two other methods to apply as much pressure as I could to the eradication of the virus. First one was from information I received from Genesis2Church, and that was using a mixture of MMS and DMSO in water and rubbing that on the lower spine. I managed a few applications of that but in the end my skin reacted badly to that mixture breaking into severe itching so I abandoned that treatment after two separate attempts.

The second was from information I noted from the Genesis2Church Forums, and that was that some people were suggesting the hot and cold shower treatment on the lower spine shocked the virus out of its hiding place. That method was to take the hot water, as hot as you can stand for as long as you can stand, on the lower spine, then hit it with the cold water. I used that hot and cold water

treatment quite a few times. I have no idea of how much, or how little, these additional methods helped, but any method had to be better than none in view of what I was trying to remove.

The shower treatment seemed to have a reaction to that action from the virus, with what I felt was some pain and annoyance on the following days after the hot and cold treatment. I can perhaps assume from this that the virus got disturbed popped out of its cell into the bloodstream and got hit on the head with the CDS. (Perhaps.)

I thought it was worth the try and looking at the final results I don't know which one helped the best but I guess they all worked together as the final results was a positive cure.

Good results, genital herpes cured.

I finished that second course many months ago, and have not seen the slightest sign of the genital herpes virus since. At time of this writing November 2015, it has now been over eighteen months since I finished all treatments and not a sign of genital herpes attacks have I had in that time. And I state here, in that time since, I have encountered some emotional turmoil that in the past would have always triggered a herpes attack. I do believe with absolute certainty, for the first time in 47 years I am now clear of the herpes virus. Overjoyed in not really good enough to describe it. This virus totally ruined my life, at times I wonder how I kept going. But at least now I can contemplate my later years and plan future events, knowing full well I am not going to be saddled with an attack at a time you would least want one, which usually happened.

The problem with a genital herpes life sentence is that it is not the type of problem to even discuss with anyone, so telling people my problem was never an option that was going to be accepted. This was very much an alone path to walk. Also considering the mentality of most of society, where genital herpes is primarily the source of great jokes from low types who have no idea of what a person with it goes through. This virus is taking over the world and the number of people who have contracted it is enormous. Never a word do you hear from the media regarding protection and avoidance of this horrendous monster.

Final summary.

I occasionally consult an alternate practitioner and he has also confirmed that the herpes virus is no longer resident in my system. That was my opinion before I asked him, he simply confirmed my assessment. I have no intention of getting a blood test to prove the finding, I hate doctors at the best of times, I don't really care who believes me, I know it is gone forever, and I'll leave it to doctors to keep prescribing aciclovir to poor unfortunates, keep them ignorant and in the dark, keep telling them it is incurable and keep Big Pharma in the style to which they have become accustomed. Big Pharma will not be happy as I am no longer on their expensive drugs.

I hope someone can gain from my story and realize that no matter how difficult the path is, or has been, and how bad the attacks are, that all you need to do is persist with MMS (CDS) and it will be gone. I for one have considerable faith in CDS above standard application MMS, and would use no other in any further treatment I undertake for whatever in the future. In the end I could not believe how simple it really was to eradicate this monster after all this time. What I find really sad and annoying is, that I could have had a marvelous life not overshadowed by this viral monster, but alas all we had were doctors telling us it was incurable, there was no MMS or Jim Humble back then. And to Jim Humble I can only say "Thank You" for your efforts in making this knowledge public.

I've always been a very anti-drug person, I can still count on two hands the number of headache or pain killers I have taken in my life. I never took pain killers with my herpes attacks primarily due to my hatred of drugs, I learned to tolerate the pain and the itch. I was glad to say goodbye to the aciclovir and I take no other doctors drugs and don't intend to start. Sadly too many people are up to their eyeballs with drugs and are afraid to dump them in favour of MMS. If people could realise just what a Band-Aid measure drugs are, they would stop taking them and search out the real reasons for their malady. The system has people lured into the false reality that they cannot go on living without all these drugs and the help of doctors. Alas too many people live in the vain hope that all they have to do is go to a doctor, get a prescription for some drug or other, and all their problems will just disappear. That is not the answer.

On the last positive note, I did have two wives and three children, none of whom never caught the virus. Believe me, you don't know the meaning of vigilance until you go through the routine of making sure you don't pass it on.

To all of you that have this virus, think long and hard, don't hesitate any longer, and start on MMS (CDS) without delay. And if you don't like the taste of MMS and if you don't like being ill from MMS, I strongly suggest you consider CDS. I never got ill or had diarrhea once, the taste is much more pleasant and fairly easy to take, especially in cold water. And in consideration of the very strong solution of CDS that I used that was extremely effective in removing this virus, I strongly suggest you get hold of some of that without delay.

Contact.

If anyone would like to ask a question, or if I can be of any further assistance on your journey to a cure, you may send an email to:-

ancient_rider@yahoo.com.au (don't forget the underscore between ancient and rider).

This email box is not checked regularly but I will reply eventually.

End of Document.

ancient_rider
Australia

Posted 8 November 2015 at <http://mmstestimonials.is/all-mms-testimonials>

Editor's notes:

Note that he used [Protocol 115](#) which Andreas Kalcker named and approved (he invented CDS), but the G2C has not acknowledged that protocol. The idea behind P115 has been reinforced by a recent Japanese study, the idea being to keep the CLO2 level in the blood above a certain concentration (ppm) for a short time period which will then kill viruses.

His non-P115 hourly dosing was 8 drops of 24,000 PPM CDS which contained 8 mg of CLO2/dose. That would compare to taking 1.2 drops of MMS1 per hour. He dosed at that rate for 10 hours/day for 10 weeks. Hardly a high CLO2 dosing! Maybe pure CLO2 (CDS) worked better for him than MMS1 would have. Also check out [Protocol 115 for Viruses](#).

The hot and cold shower idea I believe came from Dr. John Christopher many years ago. That really gets blood flowing!

UPDATE-1: On 27 November 2017 I learned that Ancient Rider still has herpes!

Forum member "Freethesprilt" commented:

"Ancient rider unfortunately didn't. I have emailed him and (was) informed he still has it, so this virus is a death sentence. Thank you for your replies."

<https://g2cforum.org/index.php/list/herpes/31399-genital-herpes-dark-circles-and-puffiness-under-my-eyes-when-taking-unactivated-mms-or-mm1#56800>

UPDATE-2: On 27 November 2017 Freethesprilt said:

"Ancient rider unfortunately didn't, I have emailed him and informed he still has it, so this virus is a death sentence. Thank you for your replies."

I received an email from Ancient_Rider a few days ago and he told me that his HSV2 (genital herpes virus) has **not** returned in 3 & 1/2 years! No symptoms or OBs (outbreaks).

"I have not had one genital herpes attack or any symptom of like for 3.5 years now"

It seems Freethesprilt misunderstood what Ancient_Rider had told her and she posted what she thought he said here on the forum. I took her at her word which was a mistake on my part. I should have emailed Ancient_Rider to verify what Freethesprilt has said.

So, Ancient_Rider seems to have eliminated his HSV2 by using CDS (not MMS1) by following **Protocol 115**. He also did hot and cold showers on his lower back. You may want to read or re-read his original testimonial [here](#).

Keep in mind that although Ancient-Rider was able to eliminate HSV2 using CDS by following Protocol 115 plus taking hot and cold showers, that does not necessarily mean his method will work for you. That doesn't mean you should not try to replicate his successful methods, you should. Plus try other methods of getting CLO2 into your body and there are many other ways to do that. I also believe you must have a very positive outlook that you can beat this disease!

<https://g2cforum.org/index.php/list/herpes/31399-genital-herpes-dark-circles-and-puffiness-under-my-eyes-when-taking-unactivated-mms-or-mm1>

UPDATE-3: Ancient_Rider posted an update December 2018. That update is found here:

<https://onedrive.live.com/view.aspx?resid=A42116E0DFC3B851!158&ithint=file%2cdocx&authkey=!ANYDR0SXmeWZNuk>

and I have included it on the following two pages.

Updated December 2018.

To Seekers of help.

Many people still write asking for help, well over the last few years I have spent a considerable amount of my time writing long and hard to people about their problem and offering suggestions where applicable. While I waste considerable amounts of my time, maybe one in 50 people ever writes back to even say thank you for your trouble.

So, people in internet land, you really have all the information you need in my testimonial to follow your own path if you take the time to read it properly, and not waste my time with useless questions captioned out of your inability to do the basic research.

Two of the most presented questions are "What is CDS" and "Should I take MMS". Needless to say, they don't get much of a reply.

So, if you feel you are above the inconsiderate many out there, and you have intelligent questions, you may still feel free to ask them. But I don't go to Yahoo very frequently any more. I'm over it and the inconsiderate many in Internet Land.

Sadly, in the first two years, over 200 people have tried this method and not one cure has been documented. Mind you very few people seemed even interested in keeping me posted on their results.

The best I have heard from some people is prolonged times between or less frequent attacks.

Too many people are looking for a quick fix. (Wrong attitude really).

One would assume if the method worked, then at least 50% of people should at least report being cured.

Many people have tried long and hard with this method and still report no success.

It does seriously make me wonder just why my own attacks mysteriously stopped. It gives rise to consideration that other mysterious factors have come into play here.

Also unproven is just what effects chemotherapy and long term aciclovir have on the herpes virus.

However, if you consider that from attacks every two months it is now three and a half years since my CDS treatment and no attacks at all have I had, not even a slight symptom, I guess you would have to at least call that improvement if nothing else.

Consequently, I am now actively discouraging people from wasting their time and money on CDS unless they really want to give this a shot. No point people thinking this is going to work when it may not. One thing for sure, if you never try it, it will surely never work.

Genital herpes being what it is, I guess it really depends on your level of desperation as to where you wish to take this treatment, but only you can decide that.

I no longer see a point in actively encouraging people in this endeavour. Not only does it appear to be achieving nothing but it is taking up considerable amounts of my time.

It would have been good to see others having success in this growing worldwide problem.

I have left the above text in place just to show that my opinion for quite some time now is extreme doubt about the treatment I undertook. While seemingly it worked for me as stated above it did not work for many others.

Anyway, my luck eventually ran out and 4 years and 3 months after that treatment I did have a herpes attack.

So there you have it, the virus is incurable. I suspected this two years ago when I had an attack of Herpes Zoster, commonly know as “Shingles” so the medical profession does not have to utter the word herpes. A related virus but entirely different to Genital Herpes. (Herpes Simplex). But my thinking then was if the Genital Version was supposed to be cured then the Herpes Zoster should have gone as well. (Similar Virus.) So, I suspected then that the other may still be lurking. Still 4 years and 3 months is much better than the two months I always had an attack, so for me I am still happy with the results of the treatment. If an attack comes every 4 years I’m still happy.

Many people did report less frequent attacks so that may be the best anyone can expect from this treatment.

I wish you luck on your quest.

Regards, Ancient_Rider